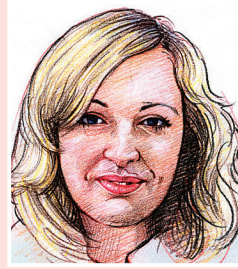
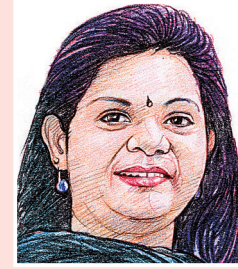


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One teacher I remember, and why.	Dr Patel, he was passionate and compassionate. He became my mentor.	Svitlana, my first teacher in primary school.	My children. They continue to teach me to play, enjoy, and live in the present.	Jaya, at Kalakshetra, she was a surrogate mother.	Sister Madhu, Mont III class teacher. She taught me not to fear.
One most valuable work lesson, thus far.	Contribution towards the highest good of the highest number of people.	Check twice the work done.	The life I live today is due to my past mistakes. Don't be hard on myself and take life as it comes.	Honesty always pays.	The word 'change' is the only constant.
One thing I look for the most in a new recruit.	Enthusiasm, eagerness, curiosity, passion and ability to smile often.	Initiative and diligence.	Passion and fire-in-the-belly attitude.	Sharpness of intellect and yearning to learn.	The main principle in life they believe in, and the reasons.
One thought from a book that I am currently reading.	Destiny is a daily thing.	If you want to be happy --- be! A quote of Leo Tolstoy.	Courage is not the absence of fear but the willingness to face it in pursuit of a goal.	Ask and it is given.	Creating 'margins' in work life, from the book <i>Marginless</i> .
One tip for time management.	Keep your word.	Always plan (in writing) your day.	No one plans to fail but some fail to plan --- plan, focus, execute, evaluate.	Stay fully focussed in whatever you are doing.	Write down tasks.
One key thing in my fitness routine.	I walk as much as possible.	Green smoothies and exercise.	Shall surely do when it becomes more than a New Year resolution --- walking.	Yoga and bharatanatyam.	Eating right and on time. I have a long way to go.
One signal that tells me there is a problem.	Frustration.	Long-lasting silence or miscommunication.	When energy drops, people withdraw, communication stops.	When your team tells you not to worry.	Sometimes it is an instinct. I don't have peace about a certain thing.
One technique for handling anger.	Take ownership of the situation.	Be patient.	Deep breathing, walk away, let go.	Pulling mentally --- away from the cause of anger and refocusing elsewhere.	Disappear from the scene.
One essential ingredient in my investment portfolio.	Diamonds.	Property.	Simplicity of instruments and schemes.	Security.	Return on investment.
One good thing about the new generation.	They are globally connected.	IT education.	They are so enabled.	They are very focussed.	Knowledge about gadgets.
One worrying thing about the young.	They are dispersed in their thinking.	Overconfidence.	They tend to want instant gratification.	None, really--- they are going great guns.	Self-centred attitude.
One thing that clinches a deal.	Honesty, intention of contribution.	Mutual trust and liking	Trust.	Clear deliverables and transparent proposals.	Honesty.
One definition of values.	They define your character and course of destiny.	Integrity and honesty.	Unshakable cornerstone of one's life --- no matter what the situation.	Truth and loyalty.	To have internal boundaries.
One way that I use for resolving conflicts.	Humour.	Talk and mediate.	Communication and letting go.	I smile and ease the anger.	Talk.
One favourite activity when travelling.	Reading/studying.	Sightseeing.	Music.	Reading, taking in new cultures and, of course, shopping.	Shopping.
One indicator of performance.	Results.	Positive results.	Recognition from some, yet criticism from others.	Commitment to the task on hand.	Consistency.
One macroeconomic variable I keenly watch.	Real estate price movement.	GDP comparison.	GDP of emerging economies.	Real estate.	Change in lifestyles across various segments of society.
One dream I'd like to chase, later in life.	To fly a spacecraft, or ride in one.	Travel to Australia and New Zealand.	Teach (in fact learn from) differently-abled children and see the world through their eyes.	Build a world-class centre for performing arts.	Become an environmentalist.
One good way to foster innovation.	Follow your heart and you will innovate.	Effectiveness and need of a particular innovation.	Remove fear --- it's because we don't try that things are difficult.	To manage by exception only.	First think and then execute.
One clue that tells me I'm the leader.	When I create alternative realities than the apparent.	When people seek and then follow my advice.	When the people I lead become a highly interdependent team, making me redundant.	Trust of those around you.	I am watched by many people (especially my students).